## MARCH 2021 Fi

**Find Bunny** 

# Kettle River Echo

rails to The Boundary Society - Echo echoeditor@trailstotheboundary.com
3990 Hwy 3, Rock Creek, BC V0H 1Y0
Adrianne 604 999 4378

Circulating to Greenwood, Midway, Rock Creek, Bridesville, Westbridge & Beaverdell

Jade Fossen is a local aspiring artist who lives on her family ranch in Rock Creek. Her love of art was cultivated as a young child through drawing and painting with her Grandmother. Jade draws inspiration from her rural roots; her passion for ranching is the foundation of this series. Her senior art objective was to capture the light and beauty of her rural lifestyle using the medium of chalk pastel on paper. Currently a grade twelve student at Boundary Central Secondary School, Jade will be attending Bible College in the fall to study art and her faith, and then University of Saskatchewan the following year to study agriculture. "From Dawn to Dust" runs March 8th to 31st at the Riverside Center (in Rock Creek). Framed originals are available to purchase, please visit the centre for further information regarding bidding. The artist will be on site from 11am - 4pm on the 27th & 28th.



As an ACT OF KINDNESS, Greenwood Elementary School students spent a morning shoveling driveways and walkways within walking distance of the school. In all about 20 houses were cleared of snow. A big Thank you from Greenwood. You may not know it, but you're fantastic.







000 440 0407

250-443-9156

202 S Government ave **Greenwood BC V0H1J0** 

The Rock Creek Community Medical Society sincerely wants to thank the Vancouver Foundation for its recent grant of \$1,666.66 towards the continuation of its full Country Kids Playschool program. This grant will offset the negative impact COVID-19 had on the attendance in the program. The Society also wants to thank the Phoenix Foundation, out of Grand Forks, for facilitating the award of this grant.

The Rock Creek Community Medical Society is pleased to announce that Michelle Walker has begun to work as a Medical Officer Assistant as of February 1, 2021 in conjunction with Sharon Cote. She is replacing Bonnie Edstrom who official retired on December 31, 2020. Michelle comes with administrative experience in her former work at Okanagan College. Welcome Michelle!

On January 12, 2021, our recently elected MLA for Boundary-Similkameen and newly appointed Parliamentary Secretary for Rural Development, Roly Russell, had an opportunity to visit the Rock Creek Medical Centre. He was given a guided tour of the facility by the President and Vice-president of the Society. In addition, he had an opportunity to meet the senior Nurse Practitioner and the office staff. He was also made acquainted with the health services offered through the Centre as provided by a full-time and half-time Nurse Practitioners, a Nurse one day a week, medical doctor specializing in internal medicine one or two or days a week, a half-time Social Worker, a chiropractor one day a week, a massage therapist one or two days a week, Mental Health services, and a Country Kids Playschool program every Monday and Wednesday mornings.

One reason Roly Russell visited the Medical Centre is to get a better understanding of what health care services are available in the Rock Creek/Westbridge/Bridesville region and how current health care services are being delivered in rural areas. He appreciated the challenges faced by the Centre under the added pressure on the staff as a result of the COVID-19 regulations. This also includes the need to do some renovations that would make the delivery of health care facilities more safely and efficient under COVID-19 guidelines. However, the Society currently goes not have the funds to do any renovations. Once the necessary funds have been received, the Society can proceed with these renovations. All donations towards this project are eligible for a tax deductible receipt. For more information on this project, please contact Harald Zinner at <a href="https://hgtmail.com">hgtmail.com</a> or 250-446-2517.I





In Loving Memory
Maurice Paul Bosovich
May 17, 1953 – February 11, 2021

It is with deep sadness that we announce the passing of our dad, Maurice Paul Bosovich on February 11, 2021 at the age of 67 years. He died peacefully at his home, the "Boss Ranch" where there was no other place he wanted to be and where he spent his childhood and later years.

He leaves behind his three beautiful daughters: Launie (Kip), Morrisa (Shawn) and Natasha (Clint); seven grandchildren: Makayla and Hunter, Trey, Hailey and Payton and Katelynn and Rachel.

He was pre-deceased by his father Peter Bosovich in 1971; his mother Stephania Bosovich in 2018 and grandson SJ in 2012.

Dad's first love was his logging truck. He quit school in Grade 10 as he said he would be in class staring out the window of the classroom daydreaming about driving one. That was the end of it and he spent the next 40 years driving that logging truck and loving the camaraderie of his trucking friends.

He was the hardest working man we knew and was always quick to lend a helping hand or a piece of advice to anyone (even if they didn't ask for it).

Dad loved to tell stories and if you could pull him off his truck, loader or tractor long enough for a coffee, it was quite the conversation trying to figure out who he was talking about as he nicknamed everyone which then related to another story and lots of laughs (real belly laugh) especially with the use of his "colourful" words.

You could catch him listening to music and expecting a quick dance around the kitchen if the mood was right.

He spent the last years of his life on the Ranch that he loved so much in the Christian Valley. With the help of his daughters, his close neighbours ("The Bubble"), many friends and family, he was able to be where he wanted.

He will be missed by many!

"Remember me with smiles and laughter for that is how I will remember you all. If you can only remember me with tears, then don't remember me at all."

Condolences and tributes may be directed to the family by visiting www.nunes-pottinger.com



The Kettle River Lions Club would like to thank McMynn's Family Foods and specifically Uli Porter for all her help to make the 2020 food voucher program a great success. With generous donations from the community, we provided 81 Christmas food vouchers to families in the Boundary region. Left to Right: Les Jackman, Uli Porter and Susan Chester.

**Boundary Family Services is** looking for volunteers to help run its at-home non-medical support program for seniors, Boundary Better at Home. Program co-ordinator Rachel Warriner and senior consultant Maggie Malloff said they have around 25 volunteers so far, including folks from Grand Forks and Christina Lake. Warriner said she hopes to sign up 50 more by the spring. "I literally get four to five calls a week from people wanting to know more about the program," she added.

The program aims to keep Boundary seniors living fulfilled, independent lives. "If seniors can stay living at home longer, they're happier and healthier and their cognitive ability stays sharper for longer," Malloff said. A senior herself, Malloff is well placed to keep Boundary Better at Home relevant to clients' needs, especially given her extensive involvement running seniors' programming at the old Hardy View Lodge.

The program isn't designed to replace the type of care some seniors receive at assisted living centers, and there are limits to what volunteers can achieve amid the pandemic. But Malloff expects the program to bring Boundary seniors "some care and attention; some mental well-being — even some laughter."

Volunteers will be available to help deliver Boundary clients' groceries and prescriptions and have friendly visits with seniors over the phone. All volunteers who interact with seniors will wear face masks, medical gloves and booties provided by BFS, Warriner explained.

Interested volunteers are asked to provide BFS with a criminal background check, a driver's abstract (volunteers must be 16 or over) and two community references. Qualified volunteers will then be asked to meet with Warriner for a brief orientation before meeting with clients. For more information, please call Rachel Warriner at 250-442-2267, ext. 40243, or email her at rwarriner@bfiss.org.

As spring slowly arrives and most of us are staying home, now is a great time to start thinking about yard work, seeding and gardening. Being a good steward of the land and growing things will help to reduce stress and can be a lot of fun. It is so satisfying to see your hard work come to fruition. Whether that is enjoying food that you have grown, seeing butterflies, bees and birds in your yard, or the knowledge that by stopping the spread of invasive species you have helped protect our valuable ecosystems. Competition from grass can keep many weeds from taking over and is very important for long term invasive plant management. What you seed depends on the conditions and use of the site. For more information on types of seed and what to plant you can get in touch with your local seed supply. The choice of grass will depend on whether it is irrigated or not and the land use (pasture, field, roadside, grassland, lawn etc.). Native grasses are great but can take a bit more time to establish so be prepared for the extra time. Flowers are important to the ecosystem but you need to be careful when buying wildflower seed mixes. Most contain at least one type of invasive plant. Single species flower packets are less likely to be contaminated with invasive plants. Native plants often require less water and are a good choice for all our native pollinators, birds and animals. You can search Grow Me Instead BC for information on ornamental plants to avoid and on which non-invasive plants you can grow instead. Watch this

For more information visit our website <a href="www.boundaryinvasives.com">www.boundaryinvasives.com</a> or contact Barb Stewart 250-446-2232 or email <a href="mailto:manager@boundaryinvasives.com">manager@boundaryinvasives.com</a>

monthly column or follow us on Facebook for more tips throughout the





year.



## NATIVE & ORNAMENTAL ALTERNATIVES

Purple Coneflower

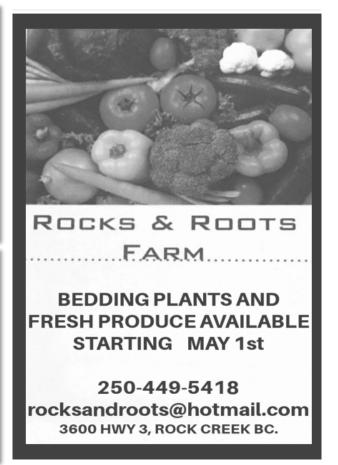
ZONE 3 - A distinctive herbaceous perennial, native to the tall grass prairie of the US Midwest. The 8 cm diameter flower heads, which are borne at the tops of metre-tall leafy stems, have wide, pink to purple, attractively drooping rays. Well-drained, fertile soil in the sun. Attractive to butterflies and bees.



ADDITIONAL RECOMMENDATIONS: {22} Common Harebell (Campanula rotundificial) BC native featured p. 26; (23) Bluehead Gilla (Gilla copitato) BC native featured p. 38; and (23) Painted Daisy (Tanacetum coccineum).







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Besides timepiece repairs, a selection of solar and low voltage products are available for sale. Debit & credit cards welcome. Rock Creek - Riverside Centre on Hwy 3

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thoughts running through your mind? Give Martin a call.

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#### Across

- 1. Use a hammock
- 5. Botches
- **10**. "A Life for the \_\_\_" (Glinka opera)
- 14. Friend in a fray
- **15**. Baseball Hall of Famer Combs
- 16. Bumpkin
- 17. It can hold its water
- 18. Culminate
- **19**. Vigoda and Lincoln
- 20. "Carrie" actress
- 23. Post- opposite
- 24. Accustom to hardship
- 25. Supermarket reading
- 27. Bench press unit
- 28. Not quite shut
- 32. Money-hunger
- 33. Leveling-off point
- 36. Some binary digits
- 37. Large, sleek swimmer
- 40. Hooligan
- 41. Abu Dhabi, e.g.
- 42. More sagacious
- 44. Either of two extremes
- 45. The Buckeyes, briefly
- 48. Performing
- **51**. Displaying enthusiasm
- 53. Be seen among moguls
- **54**. Beach burrower
- 58. Shade of blue
- 60. Take an oath
- **61**. Doll's cry
- 62. Fishing bird
- 63. Takes notice of
- 64. Churchill's successor
- 65. "Over here!"
- **66**. Beginning
- 67. End of the year word

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#### Down

- 1. Hammer is one
- 2. Jerry's pal
- 3. Blunder
- 4. Aerosmith frontman
- **5**. Experience
- **6**. Turner of film
- **7**. Official language of Pakistan
- 8. Words on a jacket
- 9. Picture tone
- 10. Singing syllable
- 11. Court summons
- **12**. City of Scotland or Maryland
- 13. Fixes the lawn

- 21. Dominion
- 22. Work unit
- **26**. "Gladiator" Oscar winner
- 29. Make fun of
- **30**. "Up and !"
- 31. Fix, as a pool cue
- 33. Washington sound
- **34**. Prefix with nautical
- **35**. River to the Caspian Sea
- **37**. Academic types
- 38. Cosmonauts, e.g.
- **39**. Head on the range
- 40. Ballroom dance

- 43. Brit. fliers
- **45**. "Sweet Rosie \_\_\_" (Betty Grable film)
- **46**. Gobs
- 47. Refined
- 49. Thingamabob (Var.)
- 50. Astronomer Hubble
- **52**. High points
- **55**. Some TV rooms
- 56. Take on cargo
- **57**. Formerly, formerly
- 59. Permit

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Why did the turkey cross the road twice?
To prove he wasn't a chicken.



HAPPY EASTER!!

It's time to get some seeds started! We have everything you need to get growing, such as plant trays, heated mats, a variety of soils and peat products, garden tools and gloves, and an excellent selection of seeds from West Coast Seeds,

Aimers Organic, and PNW.

Golf - the adult version of an Easter egg hunt.

Hwy 3 Rock Creek 250-446-2899

## In Loving Memory of Carlo Borgnetta

**June 25 1951 – February 2 2020.** Due to Covid restrictions at the time of Carlo's passing, a Celebration of Life was unable to be held.

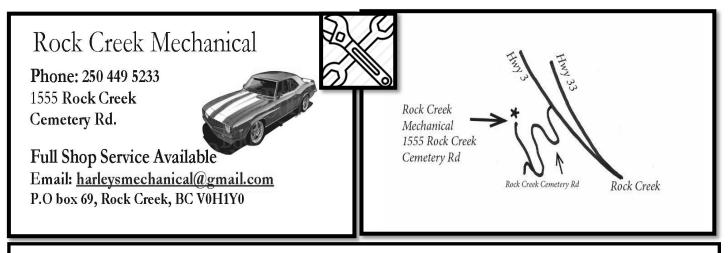
His surviving family would like to thank the community and friends for their kindness and support over the past year.



Work BC Outreach Services every Tuesday in Midway, Wednesday in Rock Creek, Thursday in Greenwood. Call to find out where and time. (250) 442-2722 ext. 231

## HAPPY EASTER EVERYONE

The Spirit of Easter is all about Hope, Love, Joyful Living & New Beginnings...all right, and chocolate too.





### Editor's Note Re: The Great Jam Debate'

To clear up any confusion regarding the February's Issue on page 6 about the 'Great Jam Debate' This Fact was taken from an article off the internet called 'History Extra' in the U.K. back in 1979. It does not in any way refer to our local W.I. in Rock Creek who's preserves are outstanding. Sorry for the confusion ladies.



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A FRIENDLY REMINDER THE CUT OFF DATE TO PUT AN AD OR ARTICLE IN THE ECHO IS THE 20TH OF EACH MONTH, FOR NOW.

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Full Page \$50

Do You know the facts about the Human Body? Your blood vessels could circle the globe.

**You** can produce enough saliva to fill two bathtubs a year.

**The** average human adult has 2000-4000 taste buds.

You're probably more like your dad.

Your body has more than 600 muscles

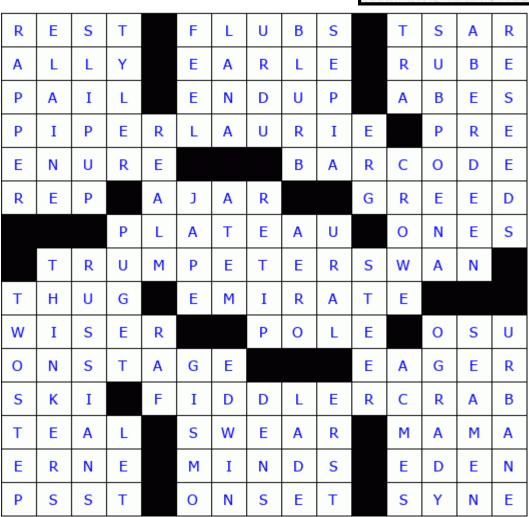
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RIVERSIDE CENTRE OPEN

WEDNESDAY TO SUNDAY 10—4 PM

VOLUNTEERS WILL ASSIST YOU.





#### PLANTING?

Excerpts from Bio-dynamic planting calendar

Wednesday 24th, we can plant early leafy salad crops.

Thursday 25th we can transplant raspberry canes & strawberry runners.

Saturday, DO NOT PLANT

Sunday 28th, radishes & Onions.

Monday & Tuesday DO NOT PLANT.

